

Surya Namaskara – Classic

Classic Sun Salutation



Tadasana



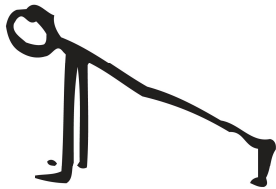
Utthitta Tadasana



Uttanasana



Anjaneyasana



Plank



Ashtangasana



Bhujangasana



Adho Mukha Svanasana



Anjaneyasana



Uttanasana



Utthitta Tadasana



Tadasana